



EXTENDING KNOWLEDGE *Changing Lives*

IN JOHNSON COUNTY

Extension provides practical education you can trust by helping individuals, families, businesses, and communities solve problems, develop skills, and build a better future.



Program Efforts

- 56 youth in 4-H participated in projects & activities for Science Engineering & Technology.
- 22 youth in 4-H made healthy lifestyle choices as a result of what they learned through 4-H Programs
- 51 people applied Extension recommendations to treat weeds or invasive species
- 26 people gained knowledge of forage production, management and/or profitability
- 130 participants improved one or more health indicators (cholesterol, blood pressure, BMI, blood glucose)
- 230 students completed Truth or Consequences: The Choice is Yours program
- 65 adults graduated SNAP Ed with over an 85% change in food management and 216 youth with positive a change .

**2022 Farm & Home
Field Day**
Derek Caudill Farm

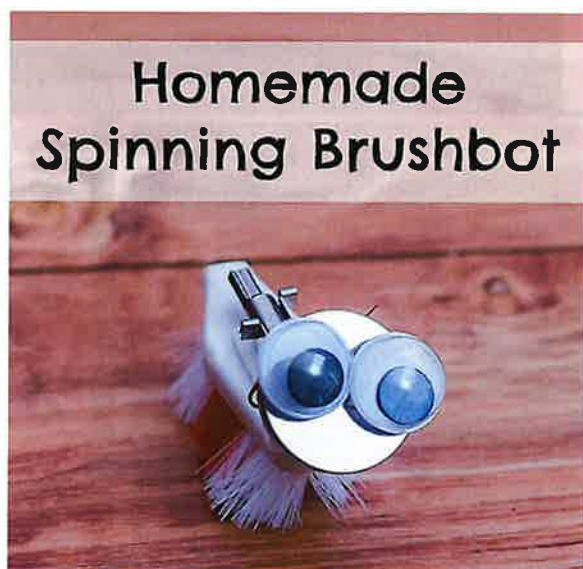


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Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.

4-H Youth Development Education
Dianna Reed -dgreed2@uky.edu

4-H Youth Development is a community of youth learning Leadership, Citizenship and Life Skills. In 2022, hands-on programs in Communications, Natural Resources, FCS, Science, Agriculture and Healthy Living enabled over 500 of our youth to practice these important life skills.



Agriculture & Natural Resources Education
Brian Jeffiers- bjeffier@uky.edu

Programming in agriculture and natural resources focuses on helping farmers, landowners, and homeowners learn about how to provide proper health care of recreational and agricultural animals, how to maximize productivity in commercial livestock, good practices for top production and pest control in forages and other crops, marketing agricultural products at the direct to consumer level, and maximizing value added to agricultural commodities produced on over 220 farms in Johnson County.



Family and Consumer Science Education
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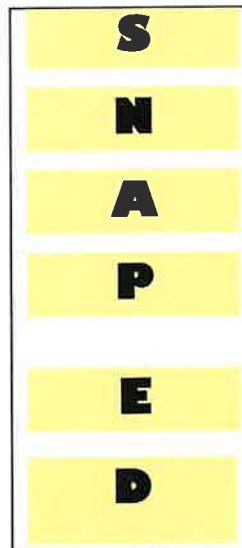
Two components of wellbeing are the foods we eat and the activities we engage in. FCS has addressed these through health activities, foods programs, food security, and even the arts. Four thousand four hundred and seventy-eight people engaged in FCS programs in 2022-23 and thousands more were reached through media.



SNAP-Ed

Elaine Burton- elaine.burton@uky.edu

The Nutrition Education Program's goals are to educate limited resource families with young children and SNAP eligible individuals to plan nutritious meals on a low budget, along with food safety and prepping skills. One of the best places to start is in our schools. Here we teach students the importance of healthy eating, how to navigate in the kitchen and prepare healthy meals.





University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service
Johnson County

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